

District 9 Meetings

See www.district9.ca for the most current list.

MONDAY

Closed
"Discussion"
10:30 a.m.

Daily Reflections Meeting
Central Westside United Church
310 10th St. West, Owen Sound

Open
"Slogan"
8:00 p.m.

Hilltop Meeting
Detox Centre
495 9th Ave. E., Owen Sound

Closed
Big Book
"Discussion"
8:00 p.m.

Scenic City Group
First Baptist Church
990 4th Ave E., Owen Sound
Parking at professional centre up the street on 4th Ave.

TUESDAY

Closed
"Discussion"
8:00 p.m.
7:30 p.m.

Woman's Closed Meeting
Central Westside United Church
310th 10th Street . W., Owen Sound

Big Book Study
Central Westside United Church
Third Floor
310 10th Street W., Owen Sound

Closed
"Discussion"
8:00 p.m.

Beaver Valley Group
Grace United Church
140 Bruce St., Thornbury
Open on 3rd Tuesday of the month.

Closed
"Discussion"
8:00 p.m.

Gateway Group
St. Paul's Presbyterian Church
553 Gould St., Warton
Step discussion last Tuesday of the month

WEDNESDAY

Closed
"Discussion"
10:00 a.m.

Happy Hour Group
St. George's Anglican Church
1049 4th Ave. E., Owen Sound

Closed
Big Book
"Discussion"
8:00 p.m.

Friendship Group
Hepworth Baptist Church,
159 Queen St. West, Hepworth
Bruce Rd #8 on South side, west of Tim Hortons

Closed
"Discussion"
8:00 p.m.

Gratitude Group
St. Mary's Church
554 15th St. E., Owen Sound

Closed
"Discussion"
8:00 p.m.

Meaford Wedge Group
Christ Church Anglican
34 Boucher St., Meaford
Speaker 2nd Wednesday of the month.

THURSDAY

Closed
Discussion
10:30 a.m.

Woman's (only) Meeting
Marsh Street Centre,
Clarksburg

Closed
"Discussion"
8:00 p.m.

Keep It Simple Group
Central Westside United Church
310th 10th St. W., Owen Sound

Open Meeting
Topic discussion
8:00 p.m.

Lion's Head
Bethel Church, 18 Ferndale Rd
Lion's Head

"Closed"
Big Book
Discussion
8:00p.m.

Meaford Sunday Morning Breakfast Group
Masonic Hall, 265 Cook St., Meaford

Closed
"Discussion"
8:00 p.m.

Markdale Fellowship Group
Senior Citizen Centre
Behind the TD Bank
"Speaker" 1st Thursday of the month

FRIDAY

Closed
"Discussion"
8:00 p.m.

Back To Basics Group
Central Westside United Church
310th 10th Street . W., Owen Sound

Open
"Speaker"
8:00 p.m.

Scenic City Group
First Baptist Church
990 4th Ave E., Owen Sound
Parking at professional centre up the street on 4th Ave.

SATURDAY

Closed
"Discussion"
10:30 a.m.

Living Sober
Georgian Shores United Church
997 4th Ave. E., Owen Sound
10th St. entrance. Meeting in Parlour.

Open
"Discussion"
8:00 p.m.

New Dawn Meeting
Detox Centre
495 9th Ave. E., Owen Sound

Closed
"Discussion"
8:00 p.m.

Saturday Night Group
Church of Christ
494 Walnut Street, Collingwood
Speaker 1st Saturday of the month

Closed "12 & 12
Discussion"
8:00 p.m.

Sauble Beach Group
Sauble Christian Fellowship
Church
25 Southampton Parkway,
Sauble Beach

SUNDAY

Open
"Discussion"
11:00 a.m.

Meaford Sunday Morning Breakfast
Masonic Hall, 265 Cook St., Meaford
Breakfast at 10:00 a.m.

Closed
"Discussion"
11:00 a.m.

Welcome Meeting
United Way of Grey Bruce
380 9th St. E., Owen Sound
"Speaker" first Sunday of the month

Closed
"Discussion"
8:00 p.m.

As Bill Sees It Group
Central Westside United Church
310 10th St. W., Owen Sound

Closed
"Discussion"
8:00 p.m.

Dundalk Sunday Night Group
Erskine Presbyterian Church
Artemesia St. South and
Victoria St.
"Speaker" last Sunday of the month

I am Responsible.....

When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that, I am responsible.

Language of the Heart**

... Because of our kinship in suffering, and because our common means of deliverance are effective for ourselves only when constantly carried to others, our channels of contact have always been charged with the language of the heart.

**As Bill Sees It, pp. 195

Is A.A. For You?

1. **Yes o No o** Have you ever decided to stop drinking for a week or so, but only lasted for a couple of days?
2. **Yes o No o** Do you wish people would mind their own business about your drinking — stop telling you what to do?
3. **Yes o No o** Have you ever switched from one kind of drink to another in the hope that this would keep you from getting drunk?
4. **Yes o No o** Have you had to have an eye opener upon awakening during the past year?
5. **Yes o No o** Do you envy people who can drink without getting into trouble?
6. **Yes o No o** Have you had problems connected with drinking during the past year?
7. **Yes o No o** Has your drinking caused trouble at home?
8. **Yes o No o** Do you ever try to get “extra” drinks at a party because you do not get enough?
9. **Yes o No o** Do you tell yourself you can stop drinking any time you want to, even though you keep getting drunk when you don’t mean to?
10. **Yes o No o** Have you missed days of work or school because of drinking?
11. **Yes o No o** Do you have “blackouts”?
12. **Yes o No o** Have you ever felt that your life would be better if you did not drink?

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Did you answer YES four or more times? If so, you are probably in trouble with alcohol. Why do we say this? Because thousands of people in A.A. have said so for many years. They found out the truth about themselves – the hard way.

Only you can decide whether you want to give A.A. a try – whether you think it can help you or not.

Rarely have we seen a person fail, who has thoroughly followed our path...

THE TWELVE SUGGESTED STEPS OF ALCOHOLICS ANONYMOUS

1. We admitted we were powerless over alcohol – that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God *as we understood Him*.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all the persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God, *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

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The only requirement for membership is a desire to stop drinking.

Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

Easy Does It

First Things First

Live and Let Live

Beginner’s Pamphlet

Western Georgian Bay
District #9



Alcoholics Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism.

- The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions.
- A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes.
- Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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www.district9.ca

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