

# District 9 Meetings

See [www.district9.ca](http://www.district9.ca) for the most current list.

## MONDAY

Closed  
"Discussion"  
10:30 a.m.

**Daily Reflections Meeting**  
Central Westside United Church  
310 10<sup>th</sup> St. West, Owen Sound

Open  
"Slogan"  
8:00 p.m.

**Hilltop Meeting**  
Detox Centre  
495 9<sup>th</sup> Ave. E., Owen Sound

Closed  
Big Book  
"Discussion"  
8:00 p.m.

**Scenic City Group**  
First Baptist Church  
990 4th Ave E., Owen Sound  
Parking at professional centre up the street on 4th Ave.

## TUESDAY

Closed  
"Discussion"  
7:00 p.m.  
7:30 p.m.

**Woman's Closed Meeting**  
Central Westside United Church  
310<sup>th</sup> 10<sup>th</sup> Street . W., Owen Sound

**Big Book Study**  
Central Westside United Church  
Third Floor  
310 10th Street W., Owen Sound

Closed  
"Discussion"  
8:00 p.m.

**Beaver Valley Group**  
Grace United Church  
140 Bruce St., Thornbury  
*Open on 3<sup>rd</sup> Tuesday of the month.*

Closed  
"Discussion"  
8:00 p.m.

**Gateway Group**  
St. Paul's Presbyterian Church  
553 Gould St., Warton  
*Step discussion last Tuesday of the month*

## WEDNESDAY

Closed  
"Discussion"  
10:00 a.m.

**Happy Hour Group**  
St. George's Anglican Church  
1049 4<sup>th</sup> Ave. E., Owen Sound

Closed  
Big Book  
"Discussion"  
8:00 p.m.

**Friendship Group**  
Hepworth Baptist Church,  
159 Queen St. West, Hepworth  
*Bruce Rd #8 on South side, west of Tim Hortons*

Closed  
"Discussion"  
8:00 p.m.

**Gratitude Group**  
St. Mary's Church  
554 15<sup>th</sup> St. E., Owen Sound

Closed  
"Discussion"  
8:00 p.m.

**Meaford Wedge Group**  
Christ Church Anglican  
34 Boucher St., Meaford  
*Speaker 2<sup>nd</sup> Wednesday of the month.*

## THURSDAY

Closed  
Discussion  
10:30 a.m.

**Woman's (only) Meeting**  
Marsh Street Centre,  
Clarksburg

Closed  
"Discussion"  
8:00 p.m.

**Keep It Simple Group**  
Central Westside United Church  
310<sup>th</sup> 10<sup>th</sup> St. W., Owen Sound

Open Meeting  
Topic discussion  
8:00 p.m.

**Lion's Head**  
Bethel Church, 18 Ferndale Rd  
Lion's Head

"Closed"  
Big Book  
Discussion  
8:00p.m.

**Meaford Sunday Morning Breakfast Group**  
Masonic Hall, 265 Cook St., Meaford

Closed  
"Discussion"  
8:00 p.m.

**Markdale Fellowship Group**  
Senior Citizen Centre  
Behind the TD Bank  
*"Speaker" 1<sup>st</sup> Thursday of the month*

## FRIDAY

Closed  
"Discussion"  
8:00 p.m.

**Back To Basics Group**  
Central Westside United Church  
310<sup>th</sup> 10<sup>th</sup> Street . W., Owen Sound

Open  
"Speaker"  
8:00 p.m.

**Scenic City Group**  
First Baptist Church  
990 4th Ave E., Owen Sound  
Parking at professional centre up the street on 4th Ave.

## SATURDAY

Closed  
"Discussion"  
10:30 a.m.

**Living Sober**  
Georgian Shores United Church  
997 4<sup>th</sup> Ave. E., Owen Sound  
10th St. entrance. Meeting in Parlour.

Open  
"Discussion"  
8:00 p.m.

**New Dawn Meeting**  
Detox Centre  
495 9<sup>th</sup> Ave. E., Owen Sound

Closed  
"Discussion"  
8:00 p.m.

**Saturday Night Group**  
Church of Christ  
494 Walnut Street, Collingwood  
*Speaker 1<sup>st</sup> Saturday of the month*

Closed "12 & 12  
Discussion"  
8:00 p.m.

**Sauble Beach Group**  
Sauble Christian Fellowship  
Church  
25 Southampton Parkway,  
Sauble Beach

## SUNDAY

Open  
"Discussion"  
11:00 a.m.

**Meaford Sunday Morning Breakfast**  
Masonic Hall, 265 Cook St., Meaford  
*Breakfast at 10:00 a.m.*

Closed  
"Discussion"  
11:00 a.m.

**Welcome Meeting**  
United Way of Grey Bruce  
380 9<sup>th</sup> St. E., Owen Sound  
*"Speaker" first Sunday of the month*

Closed  
"Discussion"  
8:00 p.m.

**As Bill Sees It Group**  
Central Westside United Church  
310 10<sup>th</sup> St. W., Owen Sound

Closed  
"Discussion"  
8:00 p.m.

**Dundalk Sunday Night Group**  
Erskine Presbyterian Church  
Artemesia St. South and  
Victoria St.  
*"Speaker" last Sunday of the month*

### *I am Responsible.....*

When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that, I am responsible.

### *Language of the Heart\*\**

... Because of our kinship in suffering, and because our common means of deliverance are effective for ourselves only when constantly carried to others, our channels of contact have always been charged with the language of the heart.

\*\*As Bill Sees It, pp. 195

## Is A.A. For You?

1. **Yes o No o** Have you ever decided to stop drinking for a week or so, but only lasted for a couple of days?
2. **Yes o No o** Do you wish people would mind their own business about your drinking — stop telling you what to do?
3. **Yes o No o** Have you ever switched from one kind of drink to another in the hope that this would keep you from getting drunk?
4. **Yes o No o** Have you had to have an eye opener upon awakening during the past year?
5. **Yes o No o** Do you envy people who can drink without getting into trouble?
6. **Yes o No o** Have you had problems connected with drinking during the past year?
7. **Yes o No o** Has your drinking caused trouble at home?
8. **Yes o No o** Do you ever try to get “extra” drinks at a party because you do not get enough?
9. **Yes o No o** Do you tell yourself you can stop drinking any time you want to, even though you keep getting drunk when you don’t mean to?
10. **Yes o No o** Have you missed days of work or school because of drinking?
11. **Yes o No o** Do you have “blackouts”?
12. **Yes o No o** Have you ever felt that your life would be better if you did not drink?

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Did you answer YES four or more times? If so, you are probably in trouble with alcohol. Why do we say this? Because thousands of people in A.A. have said so for many years. They found out the truth about themselves – the hard way.

Only you can decide whether you want to give A.A. a try – whether you think it can help you or not.

*Rarely have we seen a person fail, who has thoroughly followed our path...*

### THE TWELVE SUGGESTED STEPS OF ALCOHOLICS ANONYMOUS

1. We admitted we were powerless over alcohol – that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God *as we understood Him*.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all the persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God, *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

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***The only requirement for membership is a desire to stop drinking.***

***Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.***

*Easy Does It*

*First Things First*

*Live and Let Live*

## Beginner’s Pamphlet

Western Georgian Bay  
District #9



Alcoholics Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism.

- The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions.
- A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes.
- Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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